



## Valley East Soccer Return to Play Guidelines

\*\*\*\*\*Valley East Soccer Club(VESC) will ensure that their Return to Play Guide is in alignment with the guidelines from the Provincial Government and Public Health Sudbury and District (PHSD).

### Step 2

- **Participants, accompanying parent or guardian and spectators must wear a face covering in a manner that covers their mouth, nose and chin.**
- **Participants** are permitted to remove face coverings while **engaged in play.**
- Participants must maintain a distance of two meters (approximately six feet) at all times, infusing during play. Close physical interaction will be penalized.
- Unless the facility is operating in accordance with a plan approved by the Office of the Chief Medical Officer of Health, the total number of spectators permitted to be at a facility at any one time must be limited to 25% of the field's capacity.
- Field spectator limits will be posted at each field.
- It is required that only two (2) spectators per participant attend any VESC activity.
- Spectators must keep a distance of two (2) meters from the field and from each other.
- It is recommended that spectators bring their own seating as the bleacher seating is limited. Spectators must keep a distance of two (2) meters while using bleacher seating.
- Games or scrimmages can be played
  - Game formats will conform to gathering restrictions issued by the Provincial Government and/or PHSD. This will include keeping players at a distance of two (2) Meters from one another at all times, including during play.
- A **Safety Field Marshal** may be appointed to ensure compliance with social distancing rules and safety protocols. The Safety Field Marshal should be recognized as an authority figure within the soccer organization. This will not be the role of Match Officials.
- VESC will focus on ensuring the health and safety of participants attending their sessions.
- All players must complete the *COVID-19 Waiver* from the Greater City of Sudbury prior to the start of the season.
- Players must complete the online *VESC Health Screening Questionnaire* prior to every VESC activity.
- Parents/guardians must complete the online *VESC Health Screening Questionnaire* prior to every VESC activity.
- All spectators must complete the online *VESC Health Screening Questionnaire* prior to every VESC activity.
- A Contact Tracing Log will be completed for each session and submitted to the Club administrator



- Under the new Government of Ontario Framework, throw-ins and headers are permitted in accordance with Laws of the Game.
- Modified rules to avoid physical contact between players must be in place, including:
  - Match Officials will allow substitutes to wear non-clashing colours (to the players on the field of play). They are not required to be official pinnies.
  - Use of Ball Boys/Girls is not permitted.
  - Automatic cautions for any players who are involved in prolonged face-to-face (but non-mass confrontation) interactions. Shoving, jostling, and fighting for space will result in a straight Yellow Card for Unsportsmanlike Behavior.
  - Match Officials should stay away and allow the emotional situation to deescalate before engaging from a safe distance.
  - Serious physical altercations will not be tolerated and will result in an automatic red card.
  - Mass confrontations will result in automatic dismissals for all involved.
  - There will be ZERO tolerance for spitting on or around the field of play. If spitting is seen by one of the match officials, the following procedure will be followed:
    - If aimed/directed at someone it is an automatic red card and send off as per the Laws of the Game.
    - If spitting at equipment, playing surface or elsewhere, a yellow card for unsporting behaviour will be issued.
  - Coaches are responsible for ensuring players are aware of the Spitting Zero Tolerance requirement, and the importance of following Covid-19 guidelines.





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### Step 3

- Will be updated when the Provincial government releases the guidelines and regulations for Step 3 of the Roadmap to Reopen Ontario for Sports Leagues.

